

WELL:

Advancing Health Through Better Buildings and Communities

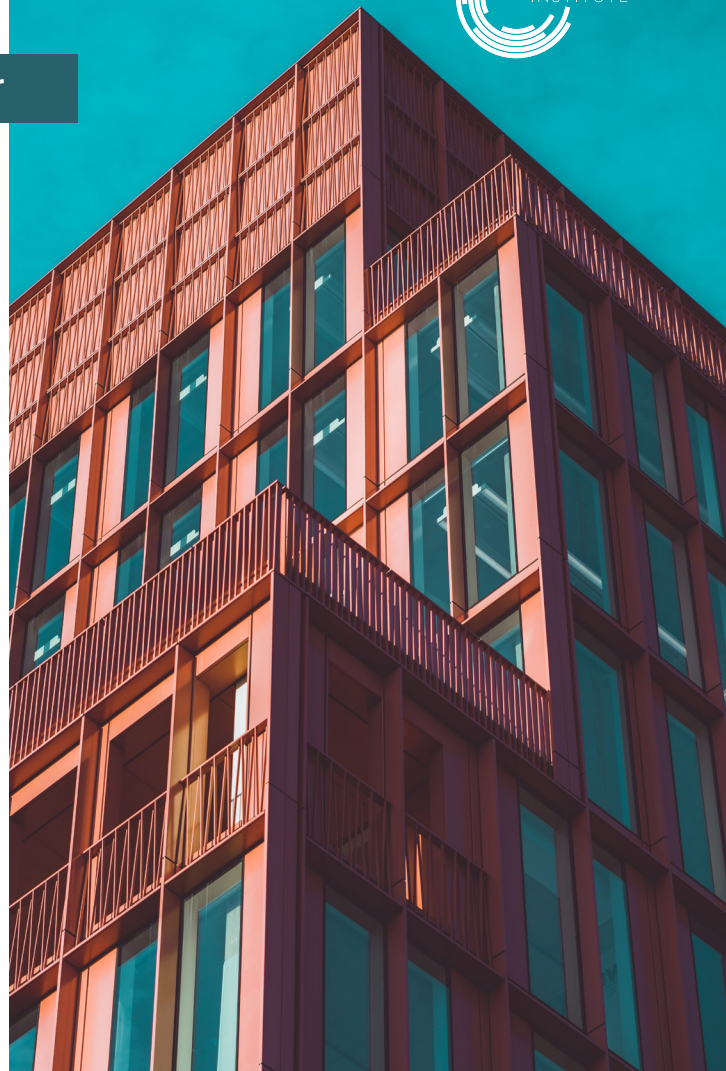
Health & Well-Being in Academia



"We've looked at [more than] 200 studies. The school building **influences student health, student thinking, and student performance**, even affecting reading comprehension and test scores. [Things like] higher ventilation rates and better filtration are associated with reductions in headaches, fewer asthma attacks, better performance on cognitive function scores."

-Dr. Joseph Allen

Associate Professor of Exposure Assessment
Science, Environmental Health, Harvard T.H.
Chan School of Public Health



Educational institutions shape our collective future
by providing a platform for individuals to grow.

Increasingly, students, faculty and staff seek academic facilities that support their physical, mental and emotional health, as well as their academic needs. And they are better for it - according to a study conducted by the Harvard School of Public Health, improved indoor environmental conditions have been linked to a doubling of cognitive performance scores.



Many studies show that everything from classroom temperature and lighting, to local air quality, to dormitory noise, to food options on campus can impact health. Today's challenges necessitate new solutions.

With WELL, educational institutions can capture data on building performance and human experience, and optimize space for health, productivity, creativity and collaboration over time. For leaders who value verified performance, prioritize risk management and want to make a highly visible commitment to health and well-being, WELL is an invaluable roadmap.

What is **IWBI**?

The **International WELL Building Institute** (IWBI) is a public benefit corporation, with the mission to transform health and well-being in buildings, organizations and communities around the world.

What is the **WELL Building Standard**?

In 2014, IWBI launched the WELL Building Standard, **the leading tool for advancing health and well-being** in buildings, communities and organizations, globally.

Organizations can implement holistic health and well-being strategies across **10 concepts:**



Air



Water



Nourishment



Light



Movement



Thermal Comfort



Sound



Materials



Mind



Community

These strategies promote and protect our physical and mental health, supporting things like indoor air and water quality, and diversity, equity and inclusion.

Schools are empowered to pursue the set of strategies that best fit their needs and to create custom plans for incrementally improving libraries, theaters, lecture halls, labs, administrative buildings and other spaces across the campus.









A Student-Centric Approach

By demonstrating your commitment to health and safety with WELL, you can increase your value and build trust with current and prospective students.

WELL is focused on improving health and safety. Diversity, equity, inclusion, accessibility and justice is a part of that. Through policy interventions and building design, WELL can help create inclusive environments that support individual needs, abilities and preferences. With a heightened focus on health equity issues and an active Health Equity Advisory, WELL acts as a lever for advancing a culture of health at an institutional scale that gives everyone an equal opportunity to live a healthy life.

WELL Solutions

Supported by science and research, WELL's rigorous and comprehensive strategies can be applied in various ways to meet your unique needs. These are just some examples of WELL solutions to common health and well-being challenges.

-  **Nutrition:** Make the healthy choice the easy choice with [nutrition education](#) and [responsible food sourcing](#).
-  **Mental Health:** Set up [restorative spaces](#) and [programs](#) for students to manage mental fatigue and stress.
-  **Movement:** Design [spaces that encourage physical activity](#) throughout the day, with things like [active furnishings](#) and [improved ergonomics](#).
-  **Materials:** [Reduce hazardous materials](#) and maintain [quality cleaning products and protocols](#), especially in laboratory settings.
-  **Sound:** Manage noise with [sound absorbing features](#), [sound barriers](#) and [sound masking](#).
-  **Light:** Support healthy sleep habits with [circadian lighting design](#) and [enhance daylight access](#).
-  **Community:** Create [spaces](#) for community building and design dorms to be [accessible](#), ensuring all students are accommodated.
-  **Air:** Monitor and improve [air quality](#) across campus.



WELL Programs

WELL recognizes health and well-being achievements.

WELL Certification is a holistic program addressing health and well-being that results in the achievement of one of four certification levels: Bronze, Silver, Gold or Platinum. Once organizations [enroll](#), they pursue comprehensive health-promoting criteria across all 10 concepts in WELL. Certification represents the highest pinnacle of health achievement for an individual facility at your college or university.



"From the start of the Chou Hall construction project, we focused on building a student-centric academic space that reflected our unique culture and showed we value sustainability. What I love hearing most is how the building makes people feel. **That's what people remember.**"

-Courtney Chandler
Haas School of Business COO



Berkeley
Haas

The WELL Health-Safety Rating for Facility Operations and Management is a targeted program addressing health and well-being that results in the achievement of the WELL Health-Safety seal. Once organizations [enroll](#), they pursue a specific sub-set of criteria focused on operational policies, maintenance protocols, stakeholder engagement and emergency plans to address critical health and safety-related issues.

WELL Portfolio: The WELL Portfolio subscription is a cost-effective, streamlined program for organizations interested in pursuing WELL Certification, the WELL Health-Safety Rating or other WELL programs across all of their buildings. When organizations enroll, their progress is tracked with a WELL Portfolio score and report. These indicate their progress towards improving health and well-being at an institutional level and may be used for ESG and relevant reporting.



“The WELL Portfolio offered an opportunity to **implement health and well-being strategies** across a real estate portfolio therefore elevating the wider organization’s Environmental, Social and Governance (ESG) performance’.”

-Giovanni Cossu
Associate Director at the National University of Singapore School of Design and Environment



Learn from the Leaders



-  — [Connie & Kevin Chou Hall at UC Berkeley](#)
-  — [Ogden Hall - Western Kentucky University](#)
-  — [University of Pennsylvania Wharton School External Affairs](#)
-  — [NYU Langone](#)



-  — [Melbourne School of Engineering](#)
-  — [UVA Student Health and Wellness Center](#)
-  — [Vanderbilt University School of Nursing](#)
-  — [Catholic University - Conway School of Nursing](#)
-  — [Flinders University - Health Research Facility - South Australia](#)

Accessible Education Sector Pricing

We recognize and applaud the important mission-driven work that universities and academic institutions are doing around the world. We want to encourage and enable all educational institutions to implement WELL and we offer special discounted fees for education projects.

35% discount on all WELL fees for Education projects.

There are **over 34,600 projects** pursuing WELL programs across **approximately 3 billion square feet** in **98 countries**. There are **over 20,285 professionals** expanding their expertise with the WELL AP credential in **113 countries**.

Research on Healthier Schools

- [WGBC Better Places for People- Schools](#)
- [Impact of School Buildings on Student Health and Performance](#)
- [Schools for Health](#)
- [Clever Classrooms](#)
- [Impact of Biophilic Learning Spaces on Student Success](#)

WELL Supports Healthier Schools

- [WELL v2 and Educational Spaces: Promoting Healthy Schools](#)
- [Managing school stress: Why creating a “school-life” balance matters](#)
- [Kickstarting the academic year on the right foot](#)
- [Understanding the impact of design on mental health](#)
- [The effects of poor air quality on indoor environments](#)

Transforming Residential Life

- [Physical Activity, Sustainable Materials Create Healthy Residence Halls](#)
- [Rethinking Residence Life to Promote Healthier Campus](#)

